

Gambier Community Centre Society Fitness Facility

In consideration of my being provided access to this fitness facility and the use of the equipment it contains, I,

_____, agree to accept all risks arising from such access and use; and in so doing release and discharge the Gambier Community Centre Society, its directors, employees and agents from all liability for any injury, loss or damage I may sustain as a consequence of such use. I further agree to abide by the Fitness Facility House Rules set out below and as may be posted from time to time.

I agree that the Gambier Island Community Centre Society is not responsible for any injury, loss or damage of any sort arising from the use or occupation of these premises, its equipment and furnishing. I understand that I am using this facility entirely at my own risk and by so doing I am waiving any right, action or claim which might arise.

If between 13 and 16, confirmation of prior weight room orientation is required. Please complete the following:

Name of program or fitness facility: _____

Date program was completed: _____

Date of Birth: _____

Signature

Date

House Rules

- Shoes must be clean.
- Access is for members' personal use only (this does *not* include family members)
- Access is controlled by a combination lock; combination should *not* be shared with anyone.
- Sign in.
- Equipment is to be wiped down with cleaner and paper towels provided, after each use. Please take used paper towels with you.
- Return any equipment you moved to home base.
- Vacuum if required.
- Empty dehumidifier bucket if required.
- Ensure the heat remains at 10 degrees, the door is locked, window is shut, and the fans and lights are turned off when you leave.
- Please do not leave or drop-off any equipment without prior approval.
- Report any equipment malfunction to gccs@gambierisland.org or phone Barbara Miklashek at 604-880-2272 or her designate.
- Enjoy!